

# Young People's EACH Charter



# Children and Young People's Healthcare Rights

All children and young people under the age of 18 have rights. The United Nations Convention on the Rights of the Child (UNCRC) sets out the 42 rights that all children and young people are entitled to. Article 24 talks about young people's rights in relation to health care.

**You have the right to the best health possible and to medical care and information.**

Action for Sick Children (Scotland) is a member of the European Association for Children in Hospital (EACH) which has produced a charter of 10 standards or rights for children and young people's healthcare at times of illness. We asked young people to come up with a young person's version of the charter and this booklet is the result.

We'd like to say thank you to all the young people and adults who gave us their ideas, suggestions and time to produce this charter.

## Useful Websites

[www.each-for-sick-children.org](http://www.each-for-sick-children.org)

[www.childrenfirst.nhs.uk/teens/index.html](http://www.childrenfirst.nhs.uk/teens/index.html)

[www.whocaresscotland.org](http://www.whocaresscotland.org)

[www.sccyp.org.uk](http://www.sccyp.org.uk)

[www.hris.org.uk](http://www.hris.org.uk)

[www.sclc.org.uk/kzhhome.htm](http://www.sclc.org.uk/kzhhome.htm)

[www.unicef.org.uk](http://www.unicef.org.uk)

[www.childline.org.uk](http://www.childline.org.uk)

[www.youngscot.org](http://www.youngscot.org)



**Young people should only go to hospital when they cannot be cared for at home.**

EACH Charter point 1





**Young people should have  
someone with them for support.**

EACH Charter point 2





*Can someone  
come with me?*

**The person supporting a young person should be able to stay overnight without cost.**

EACH Charter point 3







*Can someone  
stay with me?*

**Young people have the right to information in a way they can understand.**

EACH Charter point 4



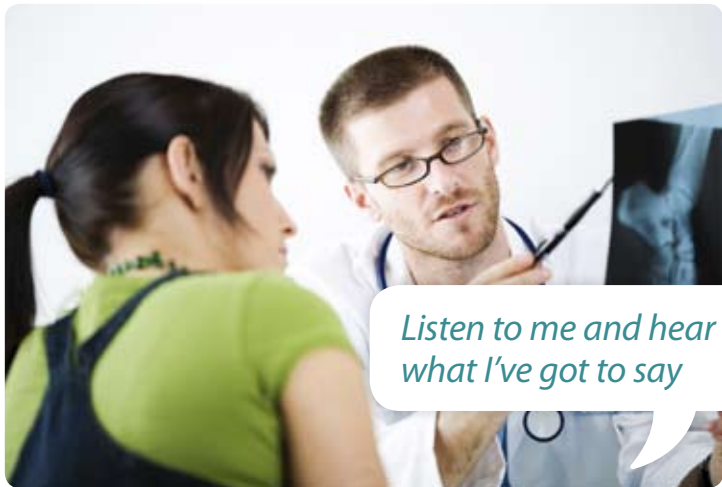


*Tell me what's going on  
so I can understand*

**Young people should be listened to and take part in all decisions affecting their health care.**

**EACH Charter point 5**





*Listen to me and hear  
what I've got to say*

**Young people should be cared for with other young people with the same needs and not on an adult ward.**

**EACH Charter point 6**





*Look after us  
all together*

**Young people should have the opportunity for education and recreation and be cared for in surroundings designed to meet their needs.**

**EACH Charter point 7**








*School matters  
and time out too*

**Young people should be cared for by staff trained to understand and meet their physical, emotional and developmental needs.**

**EACH Charter point 8**





*Staff should understand  
what makes us tick*

**Young people should be provided with continuity of care for as long as required even after their stay in hospital.**

**EACH Charter point 9**





*Work together  
for us*

**Young people should be treated with the respect, understanding and privacy they need at all times.**

EACH Charter point 10





*Get to know  
and respect me*

Action for Sick Children (Scotland) is the only charity in Scotland dedicated to informing, promoting and campaigning on behalf of the needs of ALL sick children and young people within our healthcare system.

For information in your language call **0131 553 6553**

For a full list of our publications visit **[www.ascscotland.org.uk](http://www.ascscotland.org.uk)**

For all other information please contact:

**Action for Sick Children (Scotland)**

22 Laurie Street, Edinburgh EH6 7AB

Tel: 0131 553 6553

Website: [www.ascscotland.org.uk](http://www.ascscotland.org.uk)

Email: [enquiries@ascscotland.org.uk](mailto:enquiries@ascscotland.org.uk)

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