

Campaigns and Policy

We work with the Scottish Government, NHS Scotland and other relevant bodies to ensure legislation and policy meet the healthcare needs and rights of all children and young people in Scotland.

Children's Health Rights

Children and young people have the right to the best quality healthcare. With other members of the European Association for Children in Hospital we developed the EACH Charter. This sets out the ten healthcare rights of children and young people. The EACH Charter and related rights set out in the United Nations Convention on the Rights of the Child (UNCRC) are central to our work.

For more information

www.each-for-sick-children.org

**Our Vision is for
the best quality
healthcare for all
children and young
people in Scotland**

You can help us

We need your help to continue working for children, young people and their families. You can do this by:

- ▶ Becoming a member
- ▶ Volunteering
- ▶ Fundraising
- ▶ By making a donation

For more information in your language phone
0131 553 6553

للحصول على معلومات بلغتك التي تتحدث بها، الرجاء الإتصال على هاتف رقم:
0131 553 6553

اپنی زبان میں معلومات حاصل کرنے کیلئے فون 0131 553 6553 پر رابطہ کیجئے۔

अपनी भाषा में जानकारी लेने के लिए फोन करें 0131 553 6553

ਆਪਣੀ ਜ਼ਬਾਨ ਵਿਚ ਹੋਰ ਜ਼ਿਆਦਾ ਜਾਣਕਾਰੀ ਲੈਣ ਲਈ ਫੋਨ ਕਰੋ 0131 553 6553

欲想索取閣下所操之語文資料，請致電 0131 553 6553。

Aby uzyskać informacje w Waszym języku, prosimy o kontakt pod numerem telefonu 01315536553.

Pentru informatii in limba dumneavoastra sunati la 0131 553 6553

Children's Health Scotland

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**Children's
Health Scotland**

**Promoting the healthcare rights and
needs of children and young people**

Children's Health Scotland is Scotland's only national charity working to make sure that all children and young people get the best healthcare.

What we do

- ▶ Promote and campaign for children and young people's healthcare rights
- ▶ Work in partnership with children and young people, their parents, carers and health professionals
- ▶ Represent and support all children and young people and their families when they need help with healthcare and the right to it
- ▶ Influence health policy, planning and practice at local and national level



Support and Advice

It can be a worrying time when a child or young person is ill and it is not always easy to find the information you need.

We help by:

- ▶ Listening to you; providing support and advice when you need it
- ▶ Finding the right services for you
- ▶ Providing information about your healthcare rights and responsibilities
- ▶ Helping your children and young people to learn about their healthcare rights to help with decisions about treatment and care
- ▶ Helping your children and young people to cope with illness or a long term condition

Information and Resources

We have a range of free resources for parents and carers which can help prepare children for health treatments. These include:

- ▶ Parent/carer packs
- ▶ Fact sheets on how to help children cope with pain, needles, dental treatment, staying in hospital
- ▶ Loan of a hospital playbag

Visit our website to see what's available...
www.childrenshealthscotland.org

We can also provide workshops on healthcare rights and child health issues to parent or carer groups.

“The sessions provided an opportunity for her to understand and prepare for going into hospital. I also found the parent support and phone calls very valuable, especially the information about children's rights in hospital and the right to have a parent with them at all times.”

Parent of a 4 year old child

“I learned better ways of coping and could talk to people my age.”

Young person with long term condition

“Your workshops were successful in making parents aware of their children's rights... visiting both their GP and hospital.”

Community Learning and Development Worker

