



Children's
Health Scotland

YOUNG PEOPLE'S EACH CHARTER

Every child has the right to the best possible health



HEALTH RIGHTS FOR CHILDREN

Children's Health Scotland is the leading Scottish children's healthcare charity, first founded in 1961 as Mother Care for Children in Hospital. The health and wellbeing of children and young people lies at the heart of our work. We deliver health and wellbeing services directly to children and young people and we are the only charity dedicated to informing, promoting, and campaigning on behalf of the needs and rights of all children and young people with health conditions.

- We provide expertise and information to children and young people, families, carers, educators, and health professionals and are a national voice for health-related issues relating to children and young people.
- Our charity is also a champion for health-related play in hospital, in the community or at home. More than just a chance to have fun, play is serious business when it comes to a child's health and health-related play can help children physically, mentally, and emotionally.

AND YOUNG PEOPLE

All children and young people under the age of 18 have rights. The United Nations Convention on the Rights of the Child (UNCRC) sets out the 42 rights that all children and young people are entitled to.



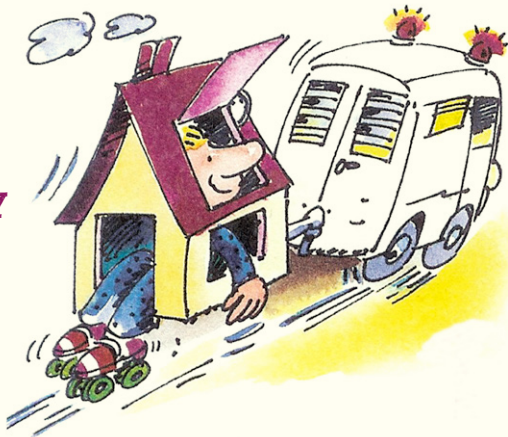
Article 24 talks about young people's rights in relation to health care. 'You have the right to the best health possible and to medical care and information.'

Children's Health Scotland is a member of the European Association for Children in Hospital (EACH) which has produced a charter of 10 standards or rights for children and young people's healthcare at times of illness. We asked young people to come up with a young person's version of the charter and this booklet is the result.

We'd like to say thank you to all the young people and adults who gave us their ideas, suggestions and time to produce this charter.

**YOUNG
PEOPLE
SHOULD
ONLY GO TO
HOSPITAL
WHEN THEY
CANNOT BE
CARED FOR
AT HOME.**

EACH Charter point 1





**Hospital
only when
it's necessary**



**YOUNG
PEOPLE
SHOULD
HAVE
SOMEONE
WITH
THEM FOR
SUPPORT.**

EACH Charter point 2





Can someone
come with me?



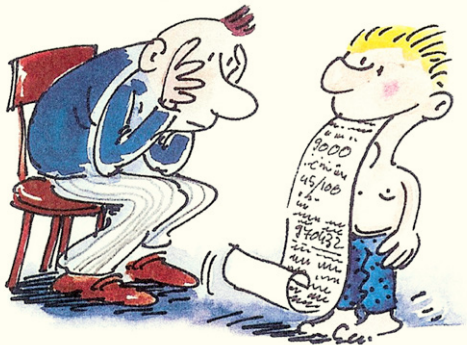
**THE PERSON
SUPPORTING A
YOUNG PERSON
SHOULD BE
ABLE TO STAY
OVERNIGHT
WITHOUT COST.**

EACH Charter point 3



A stylized, colorful cartoon character is positioned on the right side of the page. The character has a large, round, pink hat with a yellow band, a yellow face with two black dots for eyes and a wide white smile, and a blue body. It appears to be holding a yellow object, possibly a pencil or a stick, which is positioned diagonally across the character's face.

Can someone
stay with me?



YOUNG PEOPLE HAVE THE RIGHT TO INFORMATION IN A WAY THEY CAN UNDERSTAND. EACH Charter point 4

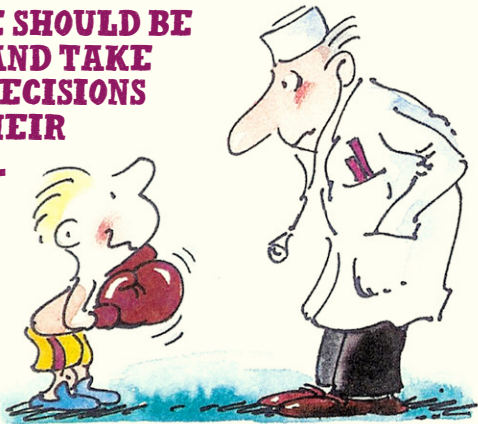


**Tell me what's
going on so I can
understand**



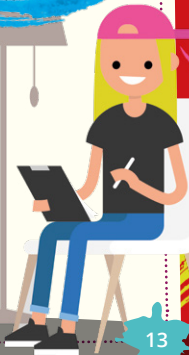
**YOUNG PEOPLE SHOULD BE
LISTENED TO AND TAKE
PART IN ALL DECISIONS
AFFECTING THEIR
HEALTH CARE.**

EACH Charter point 5





*Listen to me
and hear what
I've got to say*



**YOUNG
PEOPLE
SHOULD
BE CARED
FOR WITH
OTHER YOUNG
PEOPLE WITH
THE SAME
NEEDS AND
NOT ON AN
ADULT WARD.**



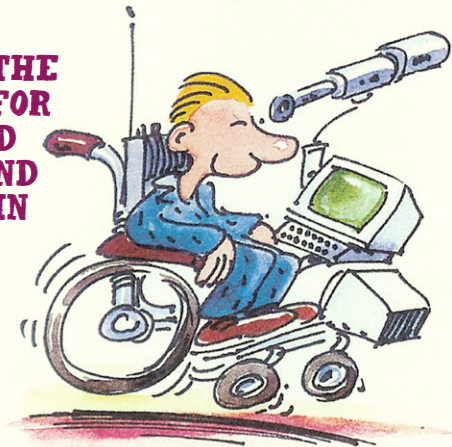
EACH Charter point 6

Look after us
all together



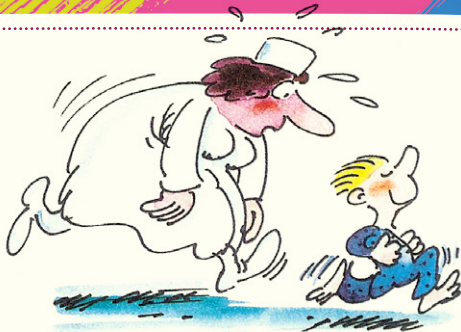
**YOUNG PEOPLE
SHOULD HAVE THE
OPPORTUNITY FOR
EDUCATION AND
RECREATION AND
BE CARED FOR IN
SURROUNDINGS
DESIGNED TO
MEET THEIR
NEEDS.**

EACH Charter point 7



School matters
and time out too





**YOUNG PEOPLE SHOULD BE CARED FOR
BY STAFF TRAINED TO UNDERSTAND AND
MEET THEIR PHYSICAL, EMOTIONAL AND
DEVELOPMENTAL NEEDS.** EACH Charter point 8

Staff should understand
what makes us tick



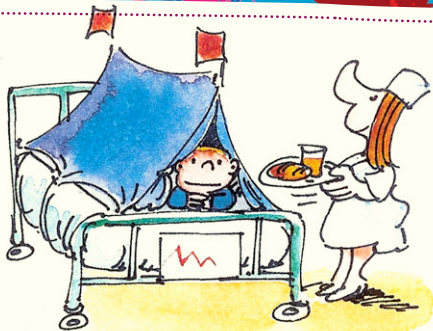


YOUNG PEOPLE SHOULD BE PROVIDED WITH CONTINUITY OF CARE FOR AS LONG AS REQUIRED EVEN AFTER THEIR STAY IN HOSPITAL. EACH Charter point 9



Work together
for us





**YOUNG PEOPLE SHOULD BE TREATED
WITH THE RESPECT, UNDERSTANDING
AND PRIVACY THEY NEED AT ALL TIMES.**

EACH Charter point 10

Get to know
and respect me



**PRIVACY
AND
RESPECT**

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 **www.childrenshealthscotland.org**

Find us on:



Useful Websites

- www.each-for-sick-children.org
- www.children1st.org.uk/help-and-advice/for-children-and-young-people
- www.whocaresscotland.org
- www.cypcs.org.uk
- www.nhsinform.scot/care-support-and-rights/health-rights
- www.sclc.org.uk
- www.unicef.org.uk
- www.childline.org.uk
- www.youngscot.org



Scottish Government
Riaghaltas na h-Alba
gov.scot

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