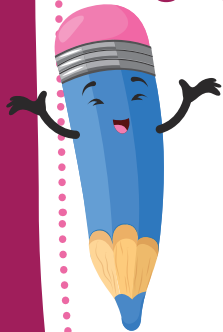


Kindness Fortune Teller



COURTESY OF
Parent Club



Have you ever made a paper “fortune teller”?

They’re those awesome little foldy paper games that open and close like a tiny chomping creature. You can choose colours, pick numbers, and discover fun surprises hiding inside! Making one is a mini-adventure all on its own — you get to follow cool steps, fold and flip the paper, and use your counting and spelling skills without even realising you’re learning. But here’s the best bit... this fortune teller is packed with kindness challenges! Every flap you open gives you a little mission to brighten someone’s day.

Who knew a small paper square could be such a kindness-spreading superstar?

All you need is:

- a square piece of paper (if you only have rectangular paper, fold one corner diagonally to the opposite edge to make a triangle and cut off the spare strip)
- some pens or coloured pencils
- your child’s imagination.

Here’s how to make the fortune teller:

1. Fold the square diagonally in both directions (corner to corner) so you have an “X” crease pattern.
2. Fold the square in half from top to bottom and left to right, so you have a “+” on your paper along with the X.
3. Fold each corner into the middle. You’ll now have a smaller square.
4. Turn the paper over. Again, fold each corner into the middle, so you have an even smaller square.

Now comes the fun bit – decorating and writing the messages. On the outer square flaps, write the names of four colours and decorate as much as you like. Then open the fortune teller up and number the inside triangular flaps from 1 to 8. Next, lift the flaps and write your messages – these could be activities that help spread kindness (like “Give someone a hug” or “Say something kind to the person next to you”) or compliments (like “You’re a brilliant friend” or “You’re the best”). Let your imagination take the lead here!

You’re now ready to use your fortune teller. Slide your index fingers and thumbs under the four

square flaps and push them together so the fortune teller pops into shape. Ask someone to pick one of the colours. Move your fingers and thumbs to open the fortune teller one way and the other while you spell out the colour (for example, “r – e – d”). Then ask them to pick a number from inside, and move the fortune teller that number of times. Then ask them to pick another number, and unfold the flap to reveal their message of kindness.

You can watch a handy video showing you how to make a fortune teller here: <https://www.wikihow.com/Fold-a-Fortune-Teller>



Thank you to our friends at Parent Club for providing this activity. For parenting tips and advice from pregnancy through to the teen years, Parent Club is here to help at www.parentclub.scot